



# LUNCH

## APPETIZERS

21

**OLIVE BOWL\*\*** 15  
variety of house brined olives, sourdough bread

**BAKED BRIE** 24  
brie baked in fresh bread, olive oil, garlic, honey, thyme, house-made jam

## SOUPS & SALADS

**CAESAR SALAD\*\*** 19  
romaine lettuce, garlic croutons, anchovies, parmesan cheese, lemon

**CHAMOY WATERMELON SALAD\*** 24  
artisan greens, watermelon, mango, radish, red onion, queso fresco, mint, chamoy dressing

**SALAD ADD-ONS**  
chicken 10  
prawns 12

**TOMATO SOUP & GRILLED CHEESE\*\*** 24  
cream of tomato soup, basil oil, sourdough, bocconcini, gruyère

## BURGERS & SANDWICHES

**POST BURGER\*\*** 29  
two AAA Alberta beef patties, gruyère, caramelized onion aioli, iceberg lettuce, tomato, pickle, house burger sauce, brioche bun, hand-cut French fries or house salad

**POST CLUB\*\*** 26  
toasted white bread, grilled chicken breast, bacon, avocado, tomato, butterleaf lettuce, hand-cut French fries or house salad

**ATLANTIC SALMON\*** 34  
grilled salmon fillet, basmati rice, B.C. green asparagus, bearnaise, fresh lemon

## PIZZAS

**MARGHERITA** 25  
san marzano tomato sauce, bocconcini, basil

**PEPPERONI** 27  
san marzano tomato sauce, pepperoni, bocconcini

## YOUNGER FARE

**GRILLED CHEESE\*\*** 19  
white bread, cheddar, hand-cut French fries

**CHICKEN FINGERS** 20  
breaded chicken fingers, hand-cut French fries

**TOMATO PASTA\*\*** 22  
san marzano tomato, penne pasta, olive oil, parmesan

**CHEESEBURGER\*\*** 23  
two AAA Alberta beef patties, cheddar, ketchup, brioche bun, hand-cut French fries

*\*Gluten-free selections / \*\* Can be modified to be gluten-free  
An 18% gratuity is added automatically for parties of 6 or more*